



For More Information,

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Jabatan Warisan Negara



Come and celebrate with us....

LIVING HERITAGE FESTIVAL 2014



**Experience the unique cultures
at Heritage Village, Sabah Museum
21-24 Nov 2014
10 am - 5 pm**

**Join us and enjoy
Demo Crafts & Traditional Foods,
Traditional Games,
Cultural Shows,
and lots more.**

Introduction

In conjunction with Visit Malaysia Year 2014, the Sabah Museum Heritage Village has drawn up a cultural programme for visitors to experience the traditional customs and lifestyles of some of Sabah's ethnic groups. Set within lush wooded grounds of the Sabah Museum, the Heritage Village consists of many authentically built ethnic houses. With materials sourced from the environment, these native houses showcase the unique traditional architectures of the people of Sabah.

Visitors can participate and enjoy special programmes at six selected houses which will "come alive" during this festival. The Six houses are the Rungus longhouse, the Brunei house, the Tagal Murut Longhouse, the Bajau house, the Bamboo house of the Tambunan Kadazandusun and hospitality hut (*Sulap alu-aluan*) to welcome and receive visitors.

Programme

21-24 Nov 2014, 10am - 5pm

Dusun Lotud From Tuaran Venue: Brunei House (Taratak Brunel)

SPECIAL CULTURAL ACTIVITIES

1. *Mojumbak* - music for entertainment using the kulintangan kettle gongs, hanging gongs and drums (*gandang*).
2. *Mongigol/Sumayau* dance
3. *Linangkit* making demo.



Rungus Long House (Vinatang)

SPECIAL CULTURAL ACTIVITIES

1. Blessing Ceremony
2. *Mongigol-Sumundai* Dance
3. Bead Making Demo
4. *Rinagoh* Making Demo
5. Woven Cloth Making Demo



In the northern district of Sabah, Kudat, you will find a large population of the Rungus ethnic group, loyal to their traditional and customs. Many of them still reside in a Rungus longhouse or *Vinatang*. Built on stilts, the longhouse accommodates a communal way of life with 7 to 15 families living under one roof.

The roof is made of matured palm leaves of the *rumbia* (sago plant) or nipah leaves that are woven and folded with bamboo. The walls are made of tree bark while *nibung* or *tivung* (a type of bamboo) is often used for the flooring. The sleeping area is built on a raised platform, above the living area. Traditional Rungus belief states that one should sleep with Mount Kinabalu behind him/her-having the mountain as a pillow brings good health and good luck.

The Tagal Murut Long House (Pahua Binompipit)

The Tagal Murut is the largest of all Murut tribes and the most widespread across Sabah. The Murut is best known for their headhunting history, a time when headhunting warriors would collect heads of enemies to show off their superior combatant skills and bravery.

The Murut people live community in a traditional longhouse, made of *tolidus* leaves, wood and split bamboo. Longhouse are built on stilts to protect them from overflowing rivers during flooding seasons. Every family has a room, known as *sulap*, a shared passageway called *tetangah* and an open balcony that allows everyone to socialise at the end of a long day.

A unique feature of the longhouse is the built-in trampoline in the centre of the house, known as the *lansaran*. Traditionally, the *lansaran* was used in ritual celebration following a successful headhunting trip but today, it is a source of entertainment and merriment during social gathering; a group of up to 20 people can attempt to jump and reach for a hanging prize.

SPECIAL CULTURAL ACTIVITIES

1. *Siraung & Buyung* making Demo
2. Bead Making Demo
3. *Lansaran & Ansawan* Dance
4. Gong Beating



Bajau House



The Bajau or Sama are a large complex of cultures found throughout the region of Sabah and the southern Philippines. In Sabah there are at least two main Sama languages, west coast Bajau and east coast Bajau. The Bajau of the east coast are still very dependant on the sea and its products. Some are still sea nomads who spend most of their lives at sea in their traditional lepa boats. The Bajau of the west coast, have settled on land many generations ago and many are farmers although most are also traditionally fisherman.

SPECIAL CULTURAL ACTIVITIES

1. Traditional Music Bajau of Semporna
2. *Igal-Igal* and *Limbatan* Dance

Bamboo House Of The Tambunan Kadazandusun

The Kadazandusun are both the largest indigenous group and the most numerous ethnic group in Sabah. They inhabit mainly the interior Districts of Ranau and Tambunan and west coastal plains of Penampang and Papar and surrounding areas.

The *Sompoton* originates from Kg. Tikolod a small hill village in Tambunan, from where it has been traded throughout the Kadazandusun communities and to neighbouring group. This instrument basically consists of a raft of eight bamboo pipes, seven of which contain reeds of *polod* palm skin, inserted into a gourd and affixed with beeswax. The *Sompoton* is traditionally a solo instrument played for personal entertainment and in Tambunan it is played by both men and women.

The house here is modelled on a typical house from the Tambunan plain, which is made entirely of bamboo.

SPECIAL CULTURAL ACTIVITIES

1. *Sompoton* Making Demo
2. *Mongigol* Dance
3. Gong Beating



Hospitality Hut (Sulap Bln-aluan)



- MAGAVAU RITUAL -

Chanting by *Bobohizan*, a ritual specialists appeasing to the *bambaazon* rice spirit during processions as part of the monogit ritual on the night of the first full moon after the rice harvest. In olden days, this took place in the padi field. Nowadays, it is held in the house of the owner of the field.

- SUMAZAU -

(lit. "to dance") the dance of the coastal Kadazandusun from Penampang which is performed during ritual celebrations, such as the rice rituals, weddings and other important social occasions. In olden days, this was danced by *bobohizan* wearing their tall colourful head-dress called *sisikot*. Today, it is danced by pair of men and women in their traditional costumes.

Interactive Programs

21 - 24 Nov 2014 10am - 5pm

Traditional Games



Rampanau (Walking on stilts)
(Heritage Village)



Melastik
(Heritage Village)



Sumpitan (Blowpipe)
(Heritage Village)



Congkak
(Heritage Village)



Fishing
Saturday & Sunday Only
(Heritage Village)



Cultural Shows
Main Building 1 pm
Pentas Mat Salleh 3 pm



Dance Workshop
(Main Building)
24 Nov 2014*
10.00am - 5.00pm



lamu-lamu
(Traditional Foods & Crafts Stall)
(Main Building)

